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# Sponsor Cycle Menu

## Training Sponsor

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Sun

Mon

Tue

Wed

Thu

Fri

Sat

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Cycle Number: 111

### Breakfast

Ham (048)  
X - Wheat Bread (051)  
Papaya (030)  
1% or Skim/ W (1)

### AM Snack

Muffins (067)  
Applesauce (003)

### Lunch

Pork Chops (044)  
Whole Bar (WG)(071)  
Sweet Potato/ (224)  
Asparagus (153)  
1% or Skim/ W (1)

### PM Snack

Peanut Butter (132)  
Celery Sticks (170)  
1% or Skim/ W (1)